

2023 February

OEC and OALC High School Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| | | 1 | 2 | 3 |
| Cheeseburger Curly Fries International Cuisine | Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine | Cheeseburger Mashed Potatoes and Chicken Gravy International Cuisine | Breaded Chicken Sandwich (Spicy or Regular) Hashbrown Patties International Cuisine | Cheeseburger Chips International Cuisine |
| KC Mesquite BBQ Chicken Drumstick Cornbread BBQ Baked Beans Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables | Buffalo Mac with Nashville Hot Chicken Sidewinder Fries Buttered Corn Fresh Fruit Assorted Fresh Vegetables | Chicken Tenders (Regular and Spicy) Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit Assorted Fresh Vegetables | Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables | Orange Chicken with White Rice Chicken Potsticker Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables |
| 6 | 7 | 8 | 9 | 10 |
| No School | Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine | Cheeseburger Curly Fries International Cuisine | Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine | Cheeseburger Chips International Cuisine |
| | Beef Meatball Hoagie Sidewinder Fries Oven Roasted Curry Cauliflower Fresh Fruit Assorted Fresh Vegetables | Penne Grilled Chicken Alfredo Breadstick Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables | General Tso Chicken Lo Mein Noodles Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables | Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Southwest Beans Chipotle Cinnamon Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie |
| 13 | 14 | 15 | 16 | 17 |
| Cheeseburger Curly Fries International Cuisine | Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine | Cheeseburger Mashed Potatoes and Chicken Gravy International Cuisine | Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine | Cheeseburger Sun Chips International Cuisine |
| Thai Sweet Chili Chicken White Rice Chicken Pot Stickers Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables | Italian Dunker with Marinara Sauce Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables | Breaded Chicken Drumstick Mashed Potatoes and Chicken Gravy Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables | Cheesy Beef Totchos Southwestern Rice Fritos Corn Chips Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables | Poppin' Flavored Popcorn Chicken Day (Southern Style OR Nashville Hot) BBQ Baked Beans Sun Chips Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables |
| 20 | 21 | 22 | 23 | 24 |
| No School | Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine | Cheeseburger Mashed Potatoes and Chicken Gravy International Cuisine | Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine | Cheeseburger Chips International Cuisine |
| | Beef Taco in a Bag Sov Glazed Cauliflower Fresh Fruit Assorted Fresh Vegetables | Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll BBQ Baked Beans Fresh Fruit Assorted Fresh Vegetables | Chicken Wing Day Pretzel and Cheese Sauce Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables | Spicy Szechuan Chicken Lo Mein Noodles Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables |
| 27 | 28 | | | |
| Cheeseburger Curly Fries International Cuisine | Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine | | | |
| KC Mesquite BBQ Chicken Drumstick Cornbread BBQ Baked Beans Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables | Buffalo Mac with Nashville Hot Chicken Sidewinder Fries Buttered Corn Fresh Fruit Assorted Fresh Vegetables | | | |
| Offered Daily | | | | |
| Protein Pack | Grilled Chicken Ranch Salad | Turkey Cheese Hoagie | Grilled Chicken Ranch Salad | Turkey Cheese Hoagie |

IN SCHOOL OFFERED DAILY:

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

This institution is an equal opportunity provider.